

Research Project:

- 1 Choose an article that makes a nutritional claim.
- 2 Find another study that either contradicts or corroborates the claim.
- 3 Put it to the test:
 - Were controlled studies done?
 - How big was the group studied?
 - Who conducted the studies? Did they have a vested interest?
 - Could a different lab repeat the studies?
 - Has it gone under peer review?
3. Write a one-page summary of the article and summarize the scientific method utilized. Give your opinion (based on your research) whether it was a valid claim or not.
4. Attach your article to your summary.